

Methamphetamine

- Methamphetamine (meth) is a white crystalline drug that people take by snorting it (inhaling through the nose), smoking it, or injecting it with a needle.
- The drug creates a false sense of happiness and a well-being rush of confidence, hyper-activeness, energy and decreased appetite.
- Meth effects generally last from 6 to 8 hours, but can last up to 24 hours.
- Comparative to cocaine and other powerful street drugs, it is a poison that first acts as a stimulant but then begins to systematically destroy the body.
- Highly addictive, even after one use, and is one of the hardest addictions to treat and many die in its grip.
- Meth usually comes in the form of a crystalline white powder that is odorless to the human nose and easily dissolves in water or alcohol. It can also be colored.
- Meth is commonly made in illegal hidden laboratories, mixing various forms of amphetamine or derivatives with other chemicals to boost its potency. Chemicals such as battery acid, drain cleaner, and antifreeze are just a few of the ingredients.
- The toxic ingredients in meth lead to severe tooth decay known as “meth mouth”. The teeth become black, stained, and rotted, often to the point where they have to be pulled. The teeth and gums are destroyed from inside and the roots rot away.

| SHORT TERM EFFECTS | LONG TERM EFFECTS |
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| Loss of appetite | Liver, kidney, and lung damage |
| Increased heart rate, blood pressure, body temperature | Destruction of tissues in nose if sniffed |
| Disturbed sleep patterns | Respiratory (breathing) problems if smoked |
| Nausea | Infectious diseases and abscesses if injected |
| Bizarre, erratic, and violent behavior | Malnutrition and weight loss |
| Hallucinations, hyper-excitability, irritability | Depression |
| Panic and psychosis | Damage to the brain similar to Alzheimer’s disease, stroke, and epilepsy |
| Convulsions, seizures, and death | Disorientation, apathy, confused exhaustion |

Common Street Names

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| Chalk | Cristy |
| Crank | Glass |
| Crypto | Ice |
| Fast | Quartz |
| Redneck cocaine | Strawberry Quick |
| Speed | Tweak |
| Crystal | Go fast |