

COMMUNITY SCHOOLS HEALTH ADVISORY COUNCIL

REPORT FOR SCHOOL YEAR 2014-2015

Meeting Dates for the 2014-2015 School Year:

- October 16, 2014
- December 9, 2014
- January 27, 2015
- March 2, 2015
- May 12, 2015

Topics Discussed:

- CSHAC Purpose/Board Policy
- Standing Orders for GISD
- Immunization Clinics
- Suicide Prevention/Mental Health First AID
- GISD Health Fair
- GISD Wellness Plan
- Car Seat Event
- Health Occupations of America (HOSA)
- Homebound Program
- Fragrances in the Classroom
- Human Sexuality Instruction
- GISD Resource Notebook
- Child Abuse Prevention Month
- CISM Training for GISD Counselors and Nurses
- Online Registration for GISD
- Operation School Supplies
- Healthy Kids Summer Lunch Program
- Epi Pens
- Subcommittee for Physical Activity and Fitness Planning
- Brazos Pregnancy Clinic
- Parental Involvement School Bus
- CSHAC Meetings for 2015-2016

Review of CSHAC Purpose/Board Policy

Misty Walters and Sharon Williams reviewed the purpose of the CSHAC. It is necessary to coordinate school health which focuses on attention to different areas as the most effective and efficient way to meet the health needs of young people. These areas that should receive priority are: Nutrition Services, Health Services, Healthy and Safe School Environment, Counseling and Mental Health Services, Staff Wellness Promotion, Parent and Community Involvement, Physical Education, and Health Education.

Standing Orders

The Standing Orders for GISD for the 2014-2015 school year were presented to the SHAC. These orders were prepared by the nurses of GISD and approved by Dr. Stephen Bishop.

Immunization Clinics

The SHAC was notified that GISD partnered with HEB to provide Immunization Clinics for all employees with school insurance. HEB held clinics at each campus. These clinics provided the immunizations for flu, pneumonia, TDap, and Hepatitis B. Hepatitis B was provided to all staff in high risk positions.

Suicide Prevention

Sharon Williams reported that the counselors have received training in Mental Health First Aid. This training will help them prepare staff and students to be able to look for signs of possible suicidal situations. It will also train them how to respond appropriately and seek the proper help for the student that is necessary.

GISD Health Fair

Heather Dollins presented information on the upcoming GISD Health Fair. It was held on Monday, March 2nd, 5:30-7:30 at the Granbury Conference Resort Conference Center during Public Schools Week. Agencies from the community hosted booths for parents and students. Some of these agencies included: Brazos Pregnancy Clinic, Children's Advocacy Center, City Police, Mission Granbury, Ruth's Place, STAR Council and United Way. There was a PBL Showcase for all 6th-12th grade students and the GHS EMT students also had a presentation. Door prizes were given away. Jeff Meador said that the GEF provided snacks. Brianne Langdon also volunteered to have a No Distracted Driving booth.

GISD Wellness Plan

Linda Williams, Director of Support Services, presented information on the changes in child nutrition. There have been changes in all food sold in school. GISD is currently following the guidelines that have been put in place and are awaiting the final rule which will probably go in affect for the 2015-2016 School Year. The policy has not been made official yet, but we will look at revamping the local policy in the meantime with a possible addendum to prepare for the changes in the policy.

Car Seat Event

Brianne Langdon announced that there will be a Car Seat Check event on April 29th. Parents will be able to pull their cars up and there will be people to check the safety of the car seat. They will also have different things available for parents and students to experience such as a drunk driving simulator and information on distracted driving.

Health Occupations Students of America (HOSA)

We called a special meeting for the purpose of approving a presentation that a group of Granbury High School Students would be presenting to Mrs. Garcia's 6th period class of 8th graders at Granbury Middle

School. Patricia Green, teacher and sponsor the HOSA program, presented the information to the SHAC. Ms. Green stated that students involved in this organization are required to choose from different levels: 1) Community Service or 2) Research and present Topics in Education for competition. This group of four students decided to choose the Competition. They were responsible for creating a lesson plan that included a pre and posttest. They are required to present the material to an audience which will be viewed later at their Health Education competition in Killeen, TX on February 6-7, 2015. The topic of the presentation is Teenage Pregnancy. The council reviewed the presentation and asked questions for clarification. There has been a parent letter sent home to students in Ms. Garcia's 6th period class informing them of this presentation. The council approved the presentation. Kim Spencer mentioned that it was a very good idea due to the absence of the Health class requirement.

Update: The HOSA team traveled to Killeen, TX and competed in the Health Education competition on February 6-7, 2015. Misty Walters received an update from the sponsor Patricia Green. She reported that the judges were very impressed with their presentation and did really well at the regional competition. They are already planning for next year's competition.

Homebound Program

Kim Spencer inquired about the need for new Homebound Teachers. Sharon Williams and Misty Walters had conducted interviews and selected a few new teachers. They will be trained in the upcoming weeks and will be utilized this spring semester as the need arises.

Fragrances in the Classrooms

There was a discussion about having fragrances in the classroom that might cause allergic reactions for students. The council decided that it was best to have the GISD nurses notify the teachers about any allergies that students might have that might affect their learning. If necessary, the teachers would eliminate fragrances. This would be decided on a case by case basis.

Human Sexuality Instruction

Every spring GISD nurses show the 5th grade boys and girls videos entitled Puberty for Boys/Girls: Top 10 things to expect. Information about the video is sent home with the students and the parents are given the opportunity to give their child permission to view these videos. AMS, GMS, and Crossland 9th Grade Center have presentations by the Brazos Pregnancy Center. Parents are notified and have the opportunity to give permission for their child to participate in these presentations. High School Students are also given the opportunity to take a Health Education course although it is not a requirement at this time.

GISD Resource Notebook

Misty Walters is currently putting together a community resource notebook. This resource will have information for different agencies and services for our students and families in GISD. This comprehensive resource will be distributed to the counselors at each GISD campus and revised each year.

Child Abuse Prevention Month

Jessica Riggs from the Children's Advocacy Center reported that Child Abuse Prevention month is in April. They will be visiting several GISD elementary schools and presenting their Happy Bear program. They also have one available for secondary students called Not Just Jenna.

CISM training for GISD

During the summer of 2015, the GISD Counselors and Nurses will participate in a 4 day CISM (Critical Incident Stress Management) Training. They will be partnering with the community and surrounding communities for this training. The training will provide support in comprehensive intervention and disaster behavioral health services. There will be two sessions. One will focus on individual support and debriefing while the other one will focus on the group process.

Online Student Registration for GISD in 2015-2016

GISD will be providing online registration for students for the 2015-2016 school year. Misty Walters and Sharon Williams have met with the Technology Department and voiced concerns in regards to the emergency health information. The data will be pulled for the nurses to review and they will then determine the critical information that will be put into Skyward. If the student has a food allergy, the nurse will give the parent or guardian the paperwork that is necessary for Support Services for their documentation for a meal plan. In addition a plan has been devised to effectively identify the homeless students of GISD.

Operation School Supplies

Operation School Supplies will be on August 13 from 9:00-5:00 at Lakeside Baptist Church. Applications have been sent home with the students of GISD. The GISD nurses will volunteer their assistance with the many community organizations and volunteers that make Operation School Supplies possible.

Healthy Kids Summer Lunch Program

Linda Williams spoke about the Healthy Kids Summer Lunch Program. There will be many locations in Granbury that will be serving hot lunches to children. They have added three additional sites to the locations for this summer. Children will be able to receive lunches Monday through Friday around 12 noon each day.

Epi Pens

SB 66 by Juan Hinojosa would require school districts and charter schools to implement policies related to the administration of epinephrine auto-injectors (EpiPens) to individuals reasonably believed to be experiencing anaphylaxis. GISD's RNs, Elizabeth Perchard and Kim Jones will be looking into some carriers that would provide Epi Pens for our campuses and trainings for our nurses. There will be protocols and safeguards set in place to protect our students.

SubCommittee for Physical Activity and Fitness Planning

Misty Walters reported that the SHAC must establish a physical activity and subcommittee to consider issues related to and make policy recommendations to increase student physical activity and improve student fitness. Attempts were made to contact people to be a part of this committee and multiple people were interested yet unable to commit to something this late in the year. This subcommittee will meet beginning in September of 2015.

Brazos Pregnancy Clinic

DeDe Litke reported that the Brazos Pregnancy Clinic just completed their first parenting classes. They offer a nine week class to mothers. If the mothers attend the full nine weeks they receive a free crib and mattress. They have also started a class for men as well.

Parental Involvement School Bus

Sharon Williams reported to the Council about the Parental Involvement School Bus that has been purchased for the GISD. This bus will be renovated and will be accessible at different events throughout the schools and community. The bus will have three computers and a work station for parents and students.

CSHAC Meetings for 2015-2016

All meetings will take place at 10:00 and will be held in the GISD training annex. The meetings for next year will be set in August. Members will be notified and new members will be added to enhance the council.

COMMUNITY SCHOOLS HEALTH ADVISORY COUNCIL MEMBERSHIP ROSTER

SCHOOL YEAR 2014-2015

1. Aly, Cheryl	Parent Member
2. Berryman, Kristie	Assistant Principal, AMS
3. Bishop, Dr. Steven	Local Physician, Medical Director
4. Bishop, Stacy	Acton Middle School Counselor
5. Brown, Kevin	Parent Member
6. Brown, Ginger	Texas Department of State Health
7. Carnes, Amanda	Parent Member
8. Coggins, Luci	Texas Department of State Health Services
9. Drysdale, Nell	Community Member
10. Garner, Kelly	Parent Member
11. Horn, Rev. Jim	Community Member
12. Jones, Kim	RN, Oakwoods Elementary School Nurse/Secretary
13. Langdon, Brianne	Parent Member
14. Litke, DeDe	Community Member, Brazos Pregnancy Clinic
15. Mabery, Brenda	Community Member
16. McCoy, Laurie	Child Nutrition Department, GISD
17. Meador, Jeff	GISD Public Information Officer
18. Moreno, Ryan	Parent Member
19. Perchard, Elizabeth	RN, Mambrino Elementary School Nurse
20. Power, Dr. Laura	Local Pediatrician
21. Scott, Malika	Parent Member
22. Skaggs, Cindy	Parent Member
23. Spencer, Kim	Crossland Ninth Grade Counselor
24. Stannell, Kerrie	Community Member, Children's Advocacy Center
25. Walters, Misty	GISD Counselor/Co-Chair
26. Wark, Jessica	Parent Member/ Co-Chair
27. Williams, Linda	Child Nutrition Department, GISD
28. Williams, Sharon	Curriculum Department, GISD
29. Yarborough, Shannon	Parent Member