

# Granbury ISD

HHFKA - K-5

GRANBURY ISD ELEMENTARY

FREE for all students that get a reimbursable meal.

Monday	Tuesday	Wednesday	Thursday	Friday																																								
<p>May - 3</p> <p>TURKEY SUB CHEF SALAD W/ROLL Whole Baby Carrots Tossed Salad Fresh Apple Chocolate Milk White Milk</p>	<p>May - 4</p> <p>CHICKEN FRIED STEAK SANDWICH TURKEY SALAD W/ROLL Steamed Broccoli Whole Baby Carrots Fresh Orange Chocolate Milk White Milk</p>	<p>May - 5</p> <p>CINCO DE MAYO NACHOS CHEF SALAD W/ROLL Crinkle Cut Carrots Pinto Beans Banana Chocolate Milk White Milk</p>	<p>May - 6</p> <p>CRISPITOS TURKEY SALAD W/ROLL Pinto Beans Whole Baby Carrots Fresh Orange Chocolate Milk White Milk</p>	<p>May - 7</p> <p>LUNCH HERO DAY CHEESEBURGER FISH NUGGETS W/ROLL CHEF SALAD W/ROLL Crinkle Cut Fries Whole Baby Carrots Apple Crisps Chocolate Milk White Milk</p>																																								
<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">565 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1196 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">4.4g 7.0%Cal</td> </tr> </table>	Nutrients	Target	Cals...	565 100%	Sodium.	1196 mg	S.Fat	4.4g 7.0%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">638 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1162 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">5.5g 7.7%Cal</td> </tr> </table>	Nutrients	Target	Cals...	638 100%	Sodium.	1162 mg	S.Fat	5.5g 7.7%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">586 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1251 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">4.2g 6.5%Cal</td> </tr> </table>	Nutrients	Target	Cals...	586 100%	Sodium.	1251 mg	S.Fat	4.2g 6.5%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">634 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1137 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">4.8g 6.9%Cal</td> </tr> </table>	Nutrients	Target	Cals...	634 100%	Sodium.	1137 mg	S.Fat	4.8g 6.9%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">651 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1273 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">6.0g 8.2%Cal</td> </tr> </table>	Nutrients	Target	Cals...	651 100%	Sodium.	1273 mg	S.Fat	6.0g 8.2%Cal
Nutrients	Target																																											
Cals...	565 100%																																											
Sodium.	1196 mg																																											
S.Fat	4.4g 7.0%Cal																																											
Nutrients	Target																																											
Cals...	638 100%																																											
Sodium.	1162 mg																																											
S.Fat	5.5g 7.7%Cal																																											
Nutrients	Target																																											
Cals...	586 100%																																											
Sodium.	1251 mg																																											
S.Fat	4.2g 6.5%Cal																																											
Nutrients	Target																																											
Cals...	634 100%																																											
Sodium.	1137 mg																																											
S.Fat	4.8g 6.9%Cal																																											
Nutrients	Target																																											
Cals...	651 100%																																											
Sodium.	1273 mg																																											
S.Fat	6.0g 8.2%Cal																																											
<p>May - 10</p> <p>TONY'S PERSONAL PAN CHEESE PIZZA CHEF SALAD W/ROLL Whole Baby Carrots Tossed Salad Fresh Apple Chocolate Milk White Milk</p>	<p>May - 11</p> <p>DELUXE CHICKEN SANDWICH TURKEY SALAD W/ROLL Crinkle Cut Fries Whole Baby Carrots Fresh Orange Chocolate Milk White Milk</p>	<p>May - 12</p> <p>CHEESEBURGER CHEF SALAD W/ROLL Pork N' Beans Sweet Potato Fries Ocean Spray Craisins Chocolate Milk White Milk</p>	<p>May - 13</p> <p>CHEESY STUFFED BREAD TURKEY SALAD W/ROLL Steamed Broccoli Whole Baby Carrots Fresh Orange Chocolate Milk White Milk</p>	<p>May - 14</p> <p>STEAK FINGERS FISH NUGGETS CHEF SALAD Mashed Potatoes Fresh Baked Roll Tossed Salad Banana Chocolate Milk White Milk</p>																																								
<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">562 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1012 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">7.0g 11.2%Cal</td> </tr> </table>	Nutrients	Target	Cals...	562 100%	Sodium.	1012 mg	S.Fat	7.0g 11.2%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">646 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1266 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">3.6g 5.0%Cal</td> </tr> </table>	Nutrients	Target	Cals...	646 100%	Sodium.	1266 mg	S.Fat	3.6g 5.0%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">722 111%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1377 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">7.0g 8.7%Cal</td> </tr> </table>	Nutrients	Target	Cals...	722 111%	Sodium.	1377 mg	S.Fat	7.0g 8.7%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">499 91%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">884 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">6.4g 11.5%Cal</td> </tr> </table>	Nutrients	Target	Cals...	499 91%	Sodium.	884 mg	S.Fat	6.4g 11.5%Cal	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Nutrients</td> <td style="text-align: left;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: left;">652 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: left;">1362 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: left;">5.2g 7.2%Cal</td> </tr> </table>	Nutrients	Target	Cals...	652 100%	Sodium.	1362 mg	S.Fat	5.2g 7.2%Cal
Nutrients	Target																																											
Cals...	562 100%																																											
Sodium.	1012 mg																																											
S.Fat	7.0g 11.2%Cal																																											
Nutrients	Target																																											
Cals...	646 100%																																											
Sodium.	1266 mg																																											
S.Fat	3.6g 5.0%Cal																																											
Nutrients	Target																																											
Cals...	722 111%																																											
Sodium.	1377 mg																																											
S.Fat	7.0g 8.7%Cal																																											
Nutrients	Target																																											
Cals...	499 91%																																											
Sodium.	884 mg																																											
S.Fat	6.4g 11.5%Cal																																											
Nutrients	Target																																											
Cals...	652 100%																																											
Sodium.	1362 mg																																											
S.Fat	5.2g 7.2%Cal																																											

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Granbury ISD

HHFKA - K-5

GRANBURY ISD ELEMENTARY

FREE for all students that get a reimbursable meal.

Monday	Tuesday	Wednesday	Thursday	Friday																																
May - 17  TONY'S PERSONAL PAN PEPPERONI PIZZA CHEF SALAD W/ROLL Whole Baby Carrots Tossed Salad Fresh Apple Chocolate Milk White Milk	May - 18  CHICKEN FRIED STEAK SANDWICH TURKEY SALAD W/ROLL Steamed Broccoli Crinkle Cut Fries Fresh Orange Chocolate Milk White Milk	May - 19  TYSON CHICKEN TENDERS CHEF SALAD Fresh Baked Roll Mashed Potatoes Corn Ocean Spray Craisins Chocolate Milk White Milk	May - 20  EARLY RELEASE DAY CHEESEBURGER Whole Baby Carrots Steamed Broccoli Fresh Apple Chocolate Milk White Milk	May - 21																																
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Nutrients</td> <td style="width: 50%; text-align: right;">Target</td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">569 100%</td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">1085 mg</td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">7.3g 11.6%Cal</td> </tr> </table>	Nutrients	Target	Cals...	569 100%	Sodium.	1085 mg	S.Fat	7.3g 11.6%Cal	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Nutrients</td> <td style="width: 50%; text-align: right;">Target</td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">680 105%</td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">1099 mg</td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">6.0g 7.9%Cal</td> </tr> </table>	Nutrients	Target	Cals...	680 105%	Sodium.	1099 mg	S.Fat	6.0g 7.9%Cal	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Nutrients</td> <td style="width: 50%; text-align: right;">Target</td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">646 100%</td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">1312 mg</td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.8g 5.2%Cal</td> </tr> </table>	Nutrients	Target	Cals...	646 100%	Sodium.	1312 mg	S.Fat	3.8g 5.2%Cal	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Nutrients</td> <td style="width: 50%; text-align: right;">Target</td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">720 111%</td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">1170 mg</td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">7.8g 9.7%Cal</td> </tr> </table>	Nutrients	Target	Cals...	720 111%	Sodium.	1170 mg	S.Fat	7.8g 9.7%Cal	
Nutrients	Target																																			
Cals...	569 100%																																			
Sodium.	1085 mg																																			
S.Fat	7.3g 11.6%Cal																																			
Nutrients	Target																																			
Cals...	680 105%																																			
Sodium.	1099 mg																																			
S.Fat	6.0g 7.9%Cal																																			
Nutrients	Target																																			
Cals...	646 100%																																			
Sodium.	1312 mg																																			
S.Fat	3.8g 5.2%Cal																																			
Nutrients	Target																																			
Cals...	720 111%																																			
Sodium.	1170 mg																																			
S.Fat	7.8g 9.7%Cal																																			

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	626	550-650	100%	Sat. Fat	5.64 g	8.10%	<10.00%
Sodium	1185 mg	1230					

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.