

# Granbury ISD

HHFKA - K-5

GRANBURY ELEMENTARY K-5

FREE for all students that get a reimbursable meal,

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																								
May - 3  CINN TOAST CRUCH CEREAL COCOA PUFFS CEREAL LUCKY CHARMS CEREAL Fresh Apple 100% Orange Tangerine Juice White Milk Chocolate Milk	May - 4  TAC-GO Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 5  BREAKFAST BURRITO Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 6  CHICKEN BISCUIT Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 7  CINNAMON ROLL Fresh Apple 100% Grape Juice White Milk Chocolate Milk																																																																																																																								
<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">389</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">333 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">0.4g</td> <td style="text-align: right;">1.0%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	389	100%				Sodium.	333 mg					S.Fat	0.4g	1.0%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">426</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">625 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.9g</td> <td style="text-align: right;">8.3%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	426	100%				Sodium.	625 mg					S.Fat	3.9g	8.3%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">398</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">467 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.0g</td> <td style="text-align: right;">6.9%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	398	100%				Sodium.	467 mg					S.Fat	3.0g	6.9%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">524</td> <td style="text-align: right;">105%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">707 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.4g</td> <td style="text-align: right;">5.9%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	524	105%				Sodium.	707 mg					S.Fat	3.4g	5.9%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">286</td> <td style="text-align: right;">82%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">256 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">1.8g</td> <td style="text-align: right;">5.6%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	286	82%				Sodium.	256 mg					S.Fat	1.8g	5.6%Cal			
Nutrients		Target																																																																																																																										
Cals...	389	100%																																																																																																																										
Sodium.	333 mg																																																																																																																											
S.Fat	0.4g	1.0%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	426	100%																																																																																																																										
Sodium.	625 mg																																																																																																																											
S.Fat	3.9g	8.3%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	398	100%																																																																																																																										
Sodium.	467 mg																																																																																																																											
S.Fat	3.0g	6.9%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	524	105%																																																																																																																										
Sodium.	707 mg																																																																																																																											
S.Fat	3.4g	5.9%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	286	82%																																																																																																																										
Sodium.	256 mg																																																																																																																											
S.Fat	1.8g	5.6%Cal																																																																																																																										
May - 10  CINN TOAST CRUCH CEREAL COCOA PUFFS CEREAL LUCKY CHARMS CEREAL Fresh Apple 100% Orange Tangerine Juice White Milk Chocolate Milk	May - 11  TAC-GO Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 12  BREAKFAST BURRITO Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 13  CHICKEN BISCUIT Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 14  CINNAMON ROLL Fresh Apple 100% Grape Juice White Milk Chocolate Milk																																																																																																																								
<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">389</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">333 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">0.4g</td> <td style="text-align: right;">1.0%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	389	100%				Sodium.	333 mg					S.Fat	0.4g	1.0%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">426</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">625 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.9g</td> <td style="text-align: right;">8.3%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	426	100%				Sodium.	625 mg					S.Fat	3.9g	8.3%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">398</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">467 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.0g</td> <td style="text-align: right;">6.9%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	398	100%				Sodium.	467 mg					S.Fat	3.0g	6.9%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">524</td> <td style="text-align: right;">105%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">707 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.4g</td> <td style="text-align: right;">5.9%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	524	105%				Sodium.	707 mg					S.Fat	3.4g	5.9%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">286</td> <td style="text-align: right;">82%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">256 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">1.8g</td> <td style="text-align: right;">5.6%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	286	82%				Sodium.	256 mg					S.Fat	1.8g	5.6%Cal			
Nutrients		Target																																																																																																																										
Cals...	389	100%																																																																																																																										
Sodium.	333 mg																																																																																																																											
S.Fat	0.4g	1.0%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	426	100%																																																																																																																										
Sodium.	625 mg																																																																																																																											
S.Fat	3.9g	8.3%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	398	100%																																																																																																																										
Sodium.	467 mg																																																																																																																											
S.Fat	3.0g	6.9%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	524	105%																																																																																																																										
Sodium.	707 mg																																																																																																																											
S.Fat	3.4g	5.9%Cal																																																																																																																										
Nutrients		Target																																																																																																																										
Cals...	286	82%																																																																																																																										
Sodium.	256 mg																																																																																																																											
S.Fat	1.8g	5.6%Cal																																																																																																																										

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Granbury ISD

HHFKA - K-5

GRANBURY ELEMENTARY K-5

FREE for all students that get a reimbursable meal,

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																
May - 17  CINN TOAST CRUCH CEREAL COCOA PUFFS CEREAL LUCKY CHARMS CEREAL Fresh Apple 100% Orange Tangerine Juice White Milk Chocolate Milk	May - 18  TAC-GO Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 19  BREAKFAST BURRITO Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 20  CHICKEN BISCUIT Fresh Orange 100% Apple Juice White Milk Chocolate Milk	May - 21																																																																																																
<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">389</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">333 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">0.4g</td> <td style="text-align: right;">1.0%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	389	100%				Sodium.	333 mg					S.Fat	0.4g	1.0%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">426</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">625 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.9g</td> <td style="text-align: right;">8.3%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	426	100%				Sodium.	625 mg					S.Fat	3.9g	8.3%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">398</td> <td style="text-align: right;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">467 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.0g</td> <td style="text-align: right;">6.9%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	398	100%				Sodium.	467 mg					S.Fat	3.0g	6.9%Cal				<table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: right;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: right;">524</td> <td style="text-align: right;">105%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: right;">707 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: right;">3.4g</td> <td style="text-align: right;">5.9%Cal</td> <td></td> <td></td> <td></td> </tr> </table>	Nutrients		Target				Cals...	524	105%				Sodium.	707 mg					S.Fat	3.4g	5.9%Cal				
Nutrients		Target																																																																																																		
Cals...	389	100%																																																																																																		
Sodium.	333 mg																																																																																																			
S.Fat	0.4g	1.0%Cal																																																																																																		
Nutrients		Target																																																																																																		
Cals...	426	100%																																																																																																		
Sodium.	625 mg																																																																																																			
S.Fat	3.9g	8.3%Cal																																																																																																		
Nutrients		Target																																																																																																		
Cals...	398	100%																																																																																																		
Sodium.	467 mg																																																																																																			
S.Fat	3.0g	6.9%Cal																																																																																																		
Nutrients		Target																																																																																																		
Cals...	524	105%																																																																																																		
Sodium.	707 mg																																																																																																			
S.Fat	3.4g	5.9%Cal																																																																																																		

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	413	350-500	100%	Sat. Fat	2.57 g	5.60%	<10.00%
Sodium	494 mg		540				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.