

Granbury ISD
HHFKA - 9-12
GRANBURY HIGH SCHOOL

FREE for all students that get a reimbursable meal.

| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|--|---|--|--|--|---------|-----|--|------|--|--|---------|---------|--|--|--|--|-------|------|--|---------|--|--|--|-----------|--|--------|--|--|--|---------|-----|--|-----|--|--|---------|--------|--|--|--|--|-------|------|--|----------|--|--|---|-----------|--|--------|--|--|--|---------|-----|--|------|--|--|---------|---------|--|--|--|--|-------|------|--|---------|--|--|--|-----------|--|--------|--|--|--|---------|-----|--|-----|--|--|---------|--------|--|--|--|--|-------|------|--|----------|--|--|---|-----------|--|--------|--|--|--|---------|-----|--|------|--|--|---------|---------|--|--|--|--|-------|------|--|---------|--|--|
| May - 3 DELUXE SPICY CHICKEN SANDWICH DELUXE CHICKEN SANDWICH CHICKEN CORDON BLEU S'WICH CHEF SALAD W/ROLL & CHOICE OF DRESSING Sweet Potato Fries Burger Salad Whole Baby Carrots Apple Crisps Fresh Orange Chocolate Milk White Milk | May - 4 PEPPERONI PIZZA PRIMO 4 CHEESE PIZZA FAJITA SALAD W/ROLL Tossed Salad W/Tomato Whole Baby Carrots Fresh Orange Fresh Apple Chocolate Milk White Milk | May - 5 HAM SUB SANDWICH TURKEY SUB ITALIAN SUB CHEF SALAD W/ROLL & CHOICE OF DRESSING Baked Lay Potato Chips Burger Salad Pork N' Beans Fresh Apple Ocean Spray Craisins Chocolate Milk White Milk | May - 6 PEPPERONI PIZZA PRIMO 4 CHEESE PIZZA FAJITA SALAD W/ROLL Tossed Salad W/Tomato Whole Baby Carrots Fresh Orange Fresh Apple Chocolate Milk White Milk | May - 7 LUNCH HERO DAY HAMBURGER CHEESEBURGER COWBOY BURGER FISH SANDWICH CHEF SALAD W/ROLL & CHOICE OF DRESSING Seasoned Fries Burger Salad Whole Baby Carrots Apple Crisps 100% Fruit Juice Chocolate Milk White Milk | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Cals... | 834 | | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1442 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 4.4g | | 4.7%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 682 | | 91% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 993 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 8.8g | | 11.6%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 791 | | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1699 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 6.3g | | 7.2%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 687 | | 92% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 993 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 8.8g | | 11.6%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Cals... | 755 | | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1185 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 7.2g | | 8.6%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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|--|--|---|--|---|--|--|---------|-----|--|------|--|--|---------|---------|--|--|--|--|-------|------|--|---------|--|--|---|-----------|--|--------|--|--|--|---------|-----|--|-----|--|--|---------|--------|--|--|--|--|-------|------|--|----------|--|--|--|-----------|--|--------|--|--|--|---------|-----|--|------|--|--|---------|---------|--|--|--|--|-------|------|--|---------|--|--|---|-----------|--|--------|--|--|--|---------|-----|--|-----|--|--|---------|--------|--|--|--|--|-------|------|--|----------|--|--|--|-----------|--|--------|--|--|--|---------|-----|--|------|--|--|---------|---------|--|--|--|--|-------|------|--|---------|--|--|
| May - 10 DELUXE SPICY CHICKEN SANDWICH DELUXE CHICKEN SANDWICH CHICKEN CORDON BLEU S'WICH CHEF SALAD W/ROLL & CHOICE OF DRESSING Sweet Potato Fries Burger Salad Whole Baby Carrots Apple Crisps Fresh Orange Chocolate Milk White Milk | May - 11 PEPPERONI PIZZA PRIMO 4 CHEESE PIZZA FAJITA SALAD W/ROLL Tossed Salad W/Tomato Whole Baby Carrots Fresh Orange Fresh Apple Chocolate Milk White Milk | May - 12 HAM SUB SANDWICH TURKEY SUB ITALIAN SUB CHEF SALAD W/ROLL & CHOICE OF DRESSING Baked Lay Potato Chips Burger Salad Pork N' Beans Fresh Apple Ocean Spray Craisins Chocolate Milk White Milk | May - 13 PEPPERONI PIZZA PRIMO 4 CHEESE PIZZA FAJITA SALAD W/ROLL Tossed Salad W/Tomato Whole Baby Carrots Fresh Orange Fresh Apple Chocolate Milk White Milk | May - 14 HAMBURGER CHEESEBURGER COWBOY BURGER FISH SANDWICH CHEF SALAD W/ROLL & CHOICE OF DRESSING Seasoned Fries Burger Salad Whole Baby Carrots Apple Crisps 100% Fruit Juice Chocolate Milk White Milk | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Cals... | 834 | | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1442 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 4.4g | | 4.7%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 682 | | 91% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 993 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 8.8g | | 11.6%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 791 | | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1699 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 6.3g | | 7.2%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 687 | | 92% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 993 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 8.8g | | 11.6%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 755 | | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1185 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 7.2g | | 8.6%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Granbury ISD
HHFKA - 9-12
GRANBURY HIGH SCHOOL

FREE for all students that get a reimbursable meal.

| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--|---|--|----------|--|--|---------|-----|------|--|--|--|---------|---------|--|--|--|--|-------|------|---------|--|--|--|--|-----------|--|--------|--|--|--|---------|-----|-----|--|--|--|---------|--------|--|--|--|--|-------|------|----------|--|--|--|---|-----------|--|--------|--|--|--|---------|-----|------|--|--|--|---------|---------|--|--|--|--|-------|------|---------|--|--|--|---|-----------|--|--------|--|--|--|---------|-----|------|--|--|--|---------|---------|--|--|--|--|-------|------|---------|--|--|--|--|
| May - 17 DELUXE SPICY CHICKEN SANDWICH DELUXE CHICKEN SANDWICH CHICKEN CORDON BLEU S'WICH CHEF SALAD W/ROLL & CHOICE OF DRESSING Sweet Potato Fries Burger Salad Whole Baby Carrots Apple Crisps Fresh Orange Chocolate Milk White Milk | May - 18 PEPPERONI PIZZA PRIMO 4 CHEESE PIZZA FAJITA SALAD W/ROLL Tossed Salad W/Tomato Whole Baby Carrots Fresh Orange Fresh Apple Chocolate Milk White Milk | May - 19 HAM SUB SANDWICH TURKEY SUB ITALIAN SUB CHEF SALAD W/ROLL & CHOICE OF DRESSING Baked Lay Potato Chips Burger Salad Pork N' Beans Fresh Apple Ocean Spray Craisins Chocolate Milk White Milk | May - 20 EARLY RELEASE DAY CHEESEBURGER Whole Baby Carrots Steamed Broccoli Fresh Apple Fresh Orange Chocolate Milk White Milk | May - 21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: center;">834</td> <td style="text-align: center;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: center;">1442 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: center;">4.4g</td> <td style="text-align: center;">4.7%Cal</td> <td></td> <td></td> <td></td> </tr> </table> | Nutrients | | Target | | | | Cals... | 834 | 100% | | | | Sodium. | 1442 mg | | | | | S.Fat | 4.4g | 4.7%Cal | | | | <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: center;">682</td> <td style="text-align: center;">91%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: center;">993 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: center;">8.8g</td> <td style="text-align: center;">11.6%Cal</td> <td></td> <td></td> <td></td> </tr> </table> | Nutrients | | Target | | | | Cals... | 682 | 91% | | | | Sodium. | 993 mg | | | | | S.Fat | 8.8g | 11.6%Cal | | | | <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: center;">791</td> <td style="text-align: center;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: center;">1699 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: center;">6.3g</td> <td style="text-align: center;">7.2%Cal</td> <td></td> <td></td> <td></td> </tr> </table> | Nutrients | | Target | | | | Cals... | 791 | 100% | | | | Sodium. | 1699 mg | | | | | S.Fat | 6.3g | 7.2%Cal | | | | <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Nutrients</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Target</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td>Cals...</td> <td style="text-align: center;">782</td> <td style="text-align: center;">100%</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sodium.</td> <td style="text-align: center;">1175 mg</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>S.Fat</td> <td style="text-align: center;">7.7g</td> <td style="text-align: center;">8.9%Cal</td> <td></td> <td></td> <td></td> </tr> </table> | Nutrients | | Target | | | | Cals... | 782 | 100% | | | | Sodium. | 1175 mg | | | | | S.Fat | 7.7g | 8.9%Cal | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 834 | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1442 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 4.4g | 4.7%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 682 | 91% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 993 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 8.8g | 11.6%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 791 | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1699 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 6.3g | 7.2%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrients | | Target | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cals... | 782 | 100% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium. | 1175 mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| S.Fat | 7.7g | 8.9%Cal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| | Average | Weekly Target | % of Target | | Average | % of Calories | Weekly Target |
|----------|---------|---------------|-------------|----------|---------|---------------|---------------|
| Calories | 756 | 750-850 | 100% | Sat. Fat | 7.02 g | 8.35% | <10.00% |
| Sodium | 1281 mg | 1420 | | | | | |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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