

Granbury ISD 2010-2011 Athletic Injury Procedure

1. GISD policy states that every student-athlete is required to have an annual Pre-Participation Physical Examination performed prior to the beginning of the athletic season. This physical examination must be done by a licensed physician and at the athlete's own expense. In accordance with UIL rules, no athlete will be allowed to participate in any activity/practice before, during, or after school, (both in-season and out-of-season) or games/matches without a completed current physical form on file.
 2. The current and most up to date UIL Pre-Participation Physical Examination Form must be used, with no exceptions. The Medical History portion must be filled out entirely prior to the physician completing the examination. The physician must complete and sign the Physical Examination form and the parent/guardian and student athlete must complete the Medical History form. Incomplete forms will not be accepted.
 3. Athletes are to report all injuries to the Athletic Trainer as soon as possible for the evaluation, treatment, and/or referral to a physician. Parent/guardians are encouraged to contact/notify the Athletic Trainer prior to seeing a physician for an athletic injury. This is necessary in order for the Athletic Trainer to provide the athlete with the proper paperwork for documentation and insurance purposes.
 4. Any athlete under a physician's care for an athletic injury or illness will not be allowed to resume practice or any activity without a written release from the attending physician, preferably on the GISD Athletic Injury form. Verbal or phone releases will not be accepted and a parent/guardian's release will not supersede or replace a physician's release.
 5. Any GISD equipment that is issued or checked out to a student athlete is expected to be returned at the end of the sport season or at the end of the school year. The student athlete is responsible for the issued equipment and is expected to keep up with the equipment as well as maintain the condition of the equipment. The student athlete is expected to return the issued equipment back to the Athletic Trainer that checked the equipment out to them. Any lost or damaged equipment will be assessed a replacement cost fee. It will be the responsibility of the student athlete to pay for any lost or damaged equipment.
 6. All athletes are to visit with the Athletic Trainer regarding the wearing and use of any and all athletic braces, sleeves, or support devices. This is necessary to review the history of the injury that requires the use of this device, insure that the device is designed for the associated condition, and to insure the proper fit. The use of therapy protocols will also be discussed with the athlete at this time.
 7. Any GISD athlete that is injured, in organized league play (club sports) outside of school (i.e. club soccer, AAU basketball, 7 on 7 football, fall baseball, club volleyball, church leagues, etc.) will be evaluated at the Athletic Trainer's discretion and convenience. These injuries will not be covered by the Student Athletic Insurance carried by the school for student athletes.
- I understand that all the forms that have been provided to me are available online for my review at www.granburyisd.org/piratesportsmedicine.

RETAIN THIS FORM FOR FUTURE REFERENCE!